

# Fairview & Area Learning Store

## Bridging Gaps



## Building Futures

# Notes From the Underground

## FALS MESSAGE




As we approach the end of February, we are more than half-way through the school year. Some of our students completed their requirements for a high school diploma while some are diligently working to complete them by this June. We saw a number of new faces at the beginning of this semester. As FALS offer a flexible learning environment and do not have a mandatory attendance policy, we encourage all students to follow their timeline closely to achieve the most. If you are a parent, please feel free to get in touch with us over email, phone or in person. We will continue to provide updates on your students' progress through regular phone calls.

As part of the collaboration between PRSD and ONE Nutrition, students at FALS prepared and enjoyed the Brain Boost Smoothie together. Please be assured that we followed social distancing and cleaning protocols to ensure everyone's safety. Next week, we will be preparing banana pancakes. The nutrition program for the students at FALS continues as it has been in the past. There is always a variety of healthy food and snacks available.

On Feb 23, we observed the pink-shirt day to raise awareness on bullying, see page 4.

The diploma exams in January were canceled due to Covid-19 and a number of students at FALS wrapped up their courses without writing the diplomas. As of now, Diplomas in April and June are still in place and if you are taking a diploma course, you will need to write them. Please remember that we have the Spring Break scheduled from Mar 19 - Mar 27. So, if you are scheduled for a Diploma in April, please work closely with your teachers to complete the course in time and prepare for the diploma.

## IMPORTANT DATES:

- ♦ Jan 10: First day back from Christmas break
- ♦ Jan 28: Report Cards released
- ♦ Jan. 31: PD Day
- ♦ February 7: Brain Boost Smoothie Day
- ♦ February 14:   
- ♦ February 21 Family Day
- ♦ February 22: PD Day
- ♦ March 1st: Banana Pancake Day
- ♦ March 10 & 11: Teachers Convention
- ♦ March 17: St. Patrick's Day
- ♦ March 21-25: Spring Break
- ♦ March 28th: PD Day

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[www.FairviewLearningStore.ca](http://www.FairviewLearningStore.ca)



# Health & Wellness

## Brain Food Building Blocks Initiative with ONE Nutrition and Health

The Peace River School Division has teamed up with ONE Nutrition and Health to promote a new initiative called the Brain Food Building Blocks, which will educate students and parents alike about the connection between their brains and gut health.

The initiative is being launched in a series of cooking videos, which can be watched on our website. The premise is that anyone watching can bring their recipes to life, all while learning about specific ingredients and how they can nourish their bodies better.

The overall goal of the Brain Food Building Blocks initiative is to provide everyone in the Division with the tools they need in order to be successful in all areas of their lives. Viewers can expect simple, actionable ways to incorporate more nutrient dense, functional foods into their daily routines.



**SOMETIMES IT IS BETTER  
TO BE KIND THAN RIGHT.  
WE DO NOT NEED AN  
INTELLIGENT MIND THAT SPEAKS  
BUT A PATIENT HEART THAT LISTENS.**  
ALL-GREATQUOTES.COM

**Exciting, Easy &  
Nutritional Video  
Recipes on our  
website:**

**[fairviewlearningstore.ca/health-wellness](http://fairviewlearningstore.ca/health-wellness)**

**Check it out!!**



**Mr. Vasudevan, Teacher**



**Mrs. Loxterkamp, EA**



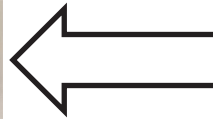
## Nods for Mods!

We had lucky students whose names were drawn for the Subway or Dairy Queen gift card!

Students' names are put in a draw box when they hand in completed modules. Way to Go Students!



Natalie  
Mueller  
Feb. 7th



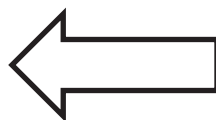
Tina  
Stahl  
Jan  
19th



need a  
puppy visit?



Dominic  
Deynaka  
Feb 23rd

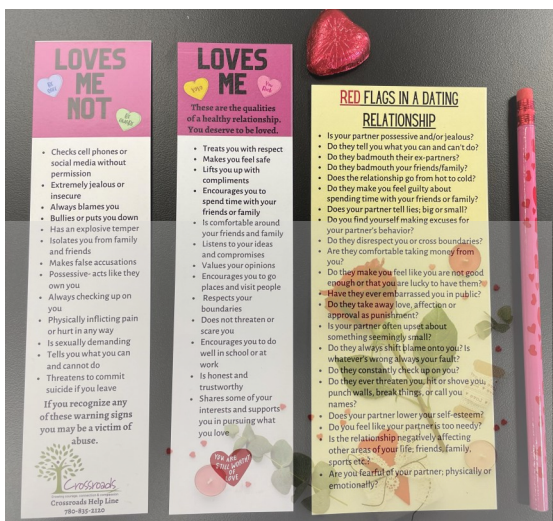


Every  
once in  
a while  
we get  
some  
puppy  
therapy  
at FALS.



# MAKE KINDNESS THE NORM

Showing kindness is one of the most rewarding experiences you can have – it's usually totally free, but the benefits you gain back are enormous. What's more, studies have shown that encouraging children to be kind can even aid their learning. A 2021 study by the Society for Research in Child Development proved that children who showed high levels of 'prosocial behavior' (demonstrating kindness and empathy towards others), performed better on academic tests, regardless of their socioeconomic background.



Our local Crossroads Community Support Worker contacted us at FALS and shared some timely and important information with us on Teen Dating Violence Awareness in the bookmark formats. We appreciated the awareness these bookmarks are promoting for our teens, and all those who possibly just never knew the signs of unhealthy relationships.

**Crossroads Resource Centre**



# **Report Cards-** *for Fairview and Area Learning Store Students*

**Available ONLINE on Friday, January 28th**

**Parent Access ID and Passwords were mailed via Canada Post to Parents & Guardians to access the PowerSchool Parent Portal previously. Instructions are below.**

**If you are experiencing any difficulties please reach out to Mrs. Woronuk at FALS at 780-835-3800**

**If you would like an attendance summary for your student, please contact FALS at 780-835-3800.**

*Access to the Powerschool Parent Portal is now enabled for all students in the Peace River School Division.*

## **Parent Portal Instructions:**

1. Open an internet browser on your computer
2. Type <https://prsd.powerschool.com/public/> into the address bar or find the link in the Parents section of the school's website.
3. If you do not already have an account, create an account using the instructions in the portal. Use the Student Access ID and Password for your student provided by Canada Post letter, or phone FALS for this information.
4. If you already have an account and wish to add your student, login to your parent account. Click Account Preferences, Click Students, Click Add.

Mobile App; Once your account is created you can download and use the PowerSchool Mobile App from the Apple or Android app store. To use the app you will need our district code. It is **QHWZ**.

**If you have any questions regarding the use of PowerSchool please contact the school office at 780-835-3800**

# SUPERINTENDENT'S JANUARY MESSAGE

## Superintendent's Message

### Safe and Caring Learning Environments and

### Celebrating Pink Shirt Day

At Peace River School Division (PRSD) we pride ourselves in our ability to create and foster safe and caring learning environments for our students. There are many people who play a role in this process, and I would like to take this opportunity to celebrate their efforts and thank all the students, staff, parents, local partners, and community members who contribute to creating a culture of kindness and respect in our schools.

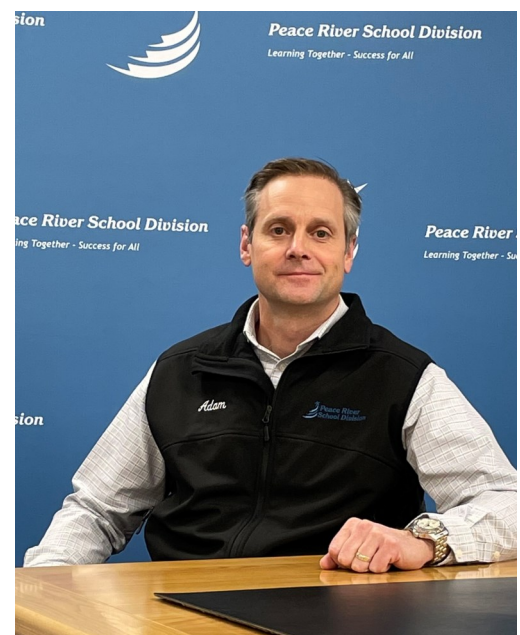
We share in the success of our work in this regard with our school communities as our latest survey results show that 87.5% of our students, staff, and parents feel that PRSD schools provide safe and caring learning environments for students. On top of that, our 3-year high school completion rate had a significant jump from 67.8% to 77.6% which tells us that students feel confident, respected, supported and safe in our schools throughout the completion of their education.

The work we do in this regard is on-going through various programs, initiatives and presentations focused on healthy relationships, anti-racism and personal well-being. Examples of such programs and initiatives include the work of our school-based Youth Education Support Workers, Success Coaches, Divisional Social Workers, PRSD Anti-Racism Committee, student leadership groups, mentorship programs, behaviour support programs, wellness programs, the focus on citizenship division-wide, daily learning incorporated into the curriculum and the meaningful support that comes from community involvement and various agencies.

Pink Shirt Day is one day per year where we wear pink in a united stand to support healthy relationships, wellness, and diversity. Providing safe and caring learning environments for students is incredibly important to us. We understand that for students to learn, flourish and reach their full potential, they need to feel safe, happy and cared for.

Thank you so much for your involvement and support. We invite you to join us on February 23, 2022, for Pink Shirt Day when PRSD students and staff will wear pink in support of healthy relationships, wellness, and diversity.

Adam Murray  
Superintendent of Schools  
Peace River School Division



# SUPERINTENDENT'S FEBRUARY MESSAGE

## Superintendent's Message

### Kindergarten Registration



It's that time of year again and our Kindergarten teachers and principals are looking forward to welcoming new students to a bright new world of learning! Kindergarten registration for the 2022-2023 school year has opened and we are excited to welcome all our up-and-coming students to PRSD this fall. Registering your child in Kindergarten is extremely beneficial and prepares children for future success in their education and beyond.

We believe in play-based education delivered by kind, caring, and highly qualified staff. Your child will interact, imagine, experiment, and explore to add to their knowledge and learn new skills. Our educational staff know that every child is unique, and our teachers ensure that students are provided with specialized and targeted instruction to meet their individual needs.



We know our communities, and we understand how important it is to be involved in your child's Kindergarten education and that's why we value family involvement and encourage parent volunteers. This approach to our Kindergarten programs is what makes students so successful. In PRSD schools, there are many ways for parents to be involved and for the school and families to interact.

All PRSD Kindergarten classes and Early Learning programs offer specialized support for students with delays or special needs. The Early Learning Team supports children in their emotional, social, intellectual, and physical development through play-based environments.

PRSD has specific program options and availability, so we encourage parents to reach out to their local elementary school and ask about their Kindergarten programming.

We look forward to teaching the next generation of students and offering them a high quality of education from the very beginning. Enrolling children in early learning programming provides a higher chance for future academic success and allows them to become more comfortable and confident within a classroom setting.

We are beyond excited to welcome more imaginative minds to our schools this fall!



Adam Murray  
Superintendent of Schools





# KINDNESS

## *Pass it on!*

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Give a flower    Eat lunch with someone new  
 Listen with your heart    Visit a sick friend  
 Clean a neighbor's walk    Offer a hug  
 Give an unexpected gift    Make a new friend  
 Pick up litter    Say "hello"    Call a lonely student  
 Open a Door    Help carry a load    Plant a tree  
 Pass a kindness on    Share a snack  
 Cheer up a friend    Thank a Teacher    Lend a hand  
 Read to a young child    Do a kind act daily  
 Leave a thank you note    Offer your seat  
 Cycle courteously    BE TOLERANT    Let another go first  
 Bake cookies for firefighters    Give a compliment  
 Help a student make friends    Assist an adult  
 Give a balloon away    Lend a classmate a pencil  
 Celebrate something every day    Encourage a friend  
 Respect others    Walk a dog    Do a favor  
 Forgive mistakes    Smile at someone new




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[www.actsofkindness.org](http://www.actsofkindness.org)

the random acts  
of kindness foundation